

Which cheerleading squad is right for my cheerleader and our family?

The Cumberland Valley Youth Cheerleading Association offers a unique cheerleading program that allows any interested elementary or middle school student to be a cheerleader. We have a “no-cut” policy and offer different levels of participation depending on age, level of interest, and experience. All participants are assigned to a squad. In an effort to help you make an informed decision regarding the “best team fit” for your child and your family, please examine the team profiles below.

CVYCA cheerleading evaluations will be held the last week in May for cheerleaders going into grades 2 through 8 and returning minis. Participants will learn a cheer, a chant, a dance, jumps, and demonstrate tumbling skills. Cheerleaders will be placed on teams **based on individual ability and level of interest**. During the cheerleading registration process in March/April, parents will have the opportunity to submit a cheerleading interest form indicating permission for your child to be evaluated for specific teams. The team level you select for your child will indicate that you understand the responsibilities and commitment required for your child’s participation at that level. Students enrolled in kindergarten and 1st grade at the time of registration are automatically placed on instructional level teams and do not participate in evaluations. (*Exceptions are made for young advanced tumblers or returning minis who may choose to try out for a Pee Wee level team.*)

During the month of August, when children are looking for something to do, all teams will practice Tuesday through Thursday from 6 PM to 8 PM at Eagle View Middle School. We highly recommend carpooling for all participants. This will make cheerleading more enjoyable for you and your child. After you review this material, if you have any questions please consult FAST FACTS on the CVYCA website at www.cvcheer.org or contact **Tonia Watson-Elliott**, via email at registrar@cvcheer.org. You may also contact **Tonia** by phone **395-6246**.

Squad Names ➤	<u>Mini Level</u>	<u>White Level</u>	<u>Red Level</u>
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Age Levels	Kindergarten, 1 st Grade, 2 nd Grade	Grades 2, 3, 4, 5, 6, 7, & 8	Grades 2, 3, 4, 5, 6, 7, & 8
Responsibilities	Cheers at Parent Showcases Mechanicsburg Halloween Parade Exhibitions at CV Cheer Classic Competition and one additional competition	Competes Oct. through 2 nd weekend in Dec. Participates in community service events Cheers at CVYBA basketball games thru January	Competes Oct. through 2 nd weekend in Dec. and Mid-January through mid-March (Travel Team) Cheers at CVYBA games & community service events
Registration Fees	\$50 non-refundable fee less earlybird discounts	\$75 non-refundable fee less earlybird discounts	\$75 non-refundable fee less earlybird discounts
Length of Season	August - November	August - February	August - March
August Practices (Eagle View)	Tuesday, Wednesday, & Thursday 6-8 PM	Tuesday, Wednesday, & Thursday 6-8 PM	Tuesday, Wednesday, & Thursday 6-8 PM
Practices – After School Starts (Various Locations)	1 time per week; day to be determined	2-3 times per week (may include a Sat/Sun practice)	3 times per week; (may include a Sat/Sun practice); fewer practices after December.
Local Gym Practice	N/A	1 practice per week at a local gym to practice routine on full sized floor. (\$35.00 for season)	1 practice per week at a local gym to practice routine on full sized floor. (\$70.00 for season)
Basketball Games	N/A	CVYBA games (December – February)	CVYBA games(December – February)
Pre-Game Meeting	N/A	15 minutes prior to game	15 minutes prior to game
CV Cheer Camp (Good Hope)	Recommended	Highly recommended	Expected
Additional Tumbling Instruction	Optional – own arrangements	Highly recommended – own arrangements	Expected – own arrangements
Competitions *	Exhibitions at CV Cheer Classic Competition and one additional competition	Local competitions only	Local and out-of-state competitions (Some require overnight hotel accommodations)
Competitions – Spectator Admission	\$5.00 - \$10.00	\$5.00 - \$10.00	\$5.00 - \$20.00 Additional cost for parking
Competition Co-Pays **	N/A	None	\$5.00 To \$50.00 per competition with a per participant fee
Fundraising	CVYCA fundraiser	CVYCA fundraiser	CVYCA fundraiser Squad fundraisers to off-set competition expenses
Uniform Costs	See reverse side	See reverse side	See reverse side
Other Important Notes	This level is an introduction to cheerleading. The emphasis will be on learning basic cheerleading skills while having F-U-N .	If space becomes available on a red team, cheerleaders from white teams who demonstrate advanced abilities will be considered.	Because this is a “travel” team, it may be necessary (<i>in the event of injury/illness to insure the safety of team members</i>) to call a mandatory emergency practice with less than 24-hours notice to prepare for a competition.

* The tentative competition schedule is typically available at the end of September.

** Competition co-pays apply to ALL competitions that have a “per participant” entry fee. This does not apply to the competitions that have a per squad entry fee.

Child's Name _____ Parents' Names _____

Grade Next School Year (Aug 2010) _____ Home Phone _____

THIS FORM MUST BE FILLED OUT COMPLETELY IN ORDER TO REGISTER YOUR CHILD FOR CHEERLEADING

Approximate Uniform Expenses

Uniform Items	Minis	White Teams	Red Teams
Red Lycra Skirt w Shorts	\$20.00	N/A	N/A
Embroidered Polo Shirt	\$20.00	N/A	N/A
Socks	\$5.00	\$5.00	\$5.00
Select Sneakers	*	\$30.00 - \$40.00	\$30.00 - \$40.00
Briefs	N/A	\$10.00	\$10.00
Bodysuit	N/A	\$20.00	\$20.00
Red Fleece	<i>Optional(\$45.00)</i>	<i>Optional(\$45.00)</i>	<i>\$45.00</i>
Approximate Total	\$45.00	\$75.00	\$120.00

*Instructional cheerleaders wear a white, inexpensive leatherette sneaker that they purchase on their own during the summer months or they may purchase the select cheerleading sneaker for \$35.00.

Due to the normal wear of uniform items, I understand that I must purchase the appropriate clothing items for the team my child is assigned. The prices above are estimates based on last year's expenses. Cheerleaders in grades 2 thru 8 are also asked to purchase plain black fleece pants at a local store to wear with their uniform during cold weather. In addition, if my daughter is selected as a flyer for the team, I agree to purchase an additional pair of briefs (\$10.00) for her to wear at practices throughout the season. All clothing items will be purchased on CVYCA equipment day.

Parent Signature

Level of Interest

I understand that CVYCA cheerleading evaluations are held in May for cheerleaders in 2nd through 8th grade to place cheerleaders on teams based on level of interest and individual ability. Based the information contained on both sides of this informational sheet, I am interested in my child participating on the following teams:

Check All That Apply	Team	Level of Commitment
<input type="checkbox"/>	Instructional Team (K – 2nd Grades, Fall Exhibition)	Low
<input type="checkbox"/>	White Team (Grades 2-8; Fall Competitions)	Medium
<input type="checkbox"/>	Red Team (Grades 2-8; Travel Team)	High

I further understand the responsibilities and commitment required for our child's participation in the CVYCA program and the team she is assigned. Although CVYCA has a no-cut policy and all children are placed on a team, my **child's ability is a key factor in team placement** (for children in 2nd through 8th grade).

Cheerleaders may be asked to temporarily assist another team or permanently join a different team if openings become available due to illness, injury, or resignation. These situations may happen during any part of the season but typically are handled during the summer months before competitions begin or after competitions conclude for the white teams. We ask that all cheerleaders and parents be supportive of these changes.

Date

Parent Signature

Cumberland Valley Youth Cheerleading Association

Waiver and Medical Release

I agree that my child, _____, may engage in physical exercise involving various athletic activity, coordination events, and fitness training which could cause injury. I agree that my child may participate in these activities and will assume all risks of injury that might result. I hereby agree to waive any claims or rights that I might otherwise sue CVYCA, its volunteers, officers, or agents for injuries that might occur as a result of these activities.

The CVYCA will make no evaluation or recommendation whether a child is physically fit for any exercise activity. It is always advisable to consult a physician prior to undertaking any physical exercise program. If my child has any physical condition that may impair his or her ability to engage in these activities, it is my responsibility as the parent or guardian to obtain a physician's statement describing any limitations for participation in cheerleading.

Parent/Guardian Signature

Print Name

Date

CUMBERLAND VALLEY YOUTH CHEERLEADING REGISTRATION FORM

PARTICIPANT INFORMATION

Name:		T-Shirt Size: (YS/YM/YL/YXL/AS/AM/AL)
Date of Birth:	Age as of 05/31/2010:	Home Phone:
Street Address:		
City:	State:	ZIP Code:
Grade Next Fall:	School Enrolled Next Fall:	Township:

PARENT/GUARDIAN INFORMATION

Mother's Name:		
Work Phone:	Cell Phone:	E-mail:
Father's Name:		
Work Phone:	Cell Phone:	E-mail:

ADDITIONAL PARTICIPANT INFORMATION

Hospital Preference:	
Family Doctor:	Phone:
Allergies (food/medicine):	Wears Contacts?
Pertinent Medical Conditions:	
Medications Currently Taking:	

EMERGENCY CONTACT (IF UNABLE TO REACH PARENT/GUARDIAN)

Name:		Cell Phone:
Address:		Home Phone:
City:	State:	ZIP Code:
Relationship:		

DISCLAIMER AND ASSUMPTION OF RISK

The Cumberland Valley Youth Cheerleading Association (CVYCA) is a non-profit youth recreation program not affiliated with Cumberland Valley School District or Cumberland Valley Midget Football Association. CVYCA is supported by registration fees, fundraising, program sales, sponsorships, and the generous donations of members of the community.

In consideration of participating in this activity, I and/or the participant do hereby assume all risk of injury to the participant and will indemnify and hold harmless, from any and all liability, action, course of actions, claims, and demands of every kind of nature whatsoever that I and/or the participant have or which arise from or in connection with participation in this activity, the Cumberland Valley Youth Cheerleading Association, Inc., or the advisors, coaches, managers, volunteers, successors, and the Cumberland Valley School Board while on the property of the school district, or during an event that Cumberland Valley youth cheerleaders may participate.

DECLARATION AND CONSENT

I declare that to the best of my knowledge and belief that my child is in apparent good health and physical condition to engage in the Cumberland Valley Youth Cheerleading Association team activities.

I give my permission for my child named above to participate in the Cumberland Valley Youth Cheerleading Association and understand that registration fees are non-refundable. CVYCA also has my permission to use my child's image in accordance with CVYCA published guidelines.

Parent/Guardian Signature:	Date:
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CVYCA USE ONLY

Age Group: G2&U G4&U G6&U G8&U	Level of Interest: ___ Mini ___ White ___ Red
Fees: \$ _____ MOP _____ BATC__ E1__ E2__ Reg__ O_____	Rcvd: ___ Birth Certificate ___ Waiver/Medical Release