

# 2023 Cumberland Valley Youth Cheer Teams

The Cumberland Valley Youth Cheer Association offers a unique cheerleading program that allows all interested children to be cheerleaders. Our association has a “no-cut” policy and offers different levels of participation depending on age, level of interest, experience, and skill level. Since our registration numbers fluctuate every year, it is impossible to know in advance exactly how many teams will be needed in 2023 or if we will need more than one team at the same age level. Please examine the team profiles on the chart below to help understand the commitment level required for each team.

In order to best showcase every child’s current cheerleading abilities, cheerleaders will be placed on a specific team based on their age as of 9/1/2023 and their skill level. During the cheerleading registration process, parents will have the opportunity to share their child’s INDEPENDENT tumbling skills to help assist with team placement. In addition, tumbling evaluations will be held during the Wednesday night skill sessions in June, July and August to help determine the best “team fit” for your child. If needed, a tryout may be necessary to determine a team. As always, we highly encourage our cheerleaders to enroll in tumbling classes, take private tumbling instruction, and attend open gyms. Please make arrangements for your child to receive tumbling instruction outside of cheerleading practices.

At the beginning of August, there will be a MANDATORY TEAM parent meeting in order to explain the responsibilities and commitment level required for your child’s participation on their specific team. However, if you know in advance that you would like your child placed on our game day cheer team (the non-competitive sideline team of cheerleaders 7 years of age and older), you may indicate your selection when you register your child. After reviewing this material, if you have any questions, please contact Valerie Kell, CVYCA Registrar, at [valericvyca@gmail.com](mailto:valericvyca@gmail.com) or text 484-515-0986.

Team Names >	Rookies Intro to Cheerleading	Energy	Envy/ Epic	Extreme/ Explosion	Elite	Express Game Day Cheer
Age on 9/1/2023	<b>6 &amp; under</b> Kindergarten or 1 <sup>st</sup> grade with no cheer experience	<b>6 &amp; under</b> Will typically be in 1 <sup>st</sup> grade with prior cheer experience	<b>8 &amp; under</b> Will typically be in 2 <sup>nd</sup> or 3 <sup>rd</sup> grades Mini Age Level	<b>10 &amp; under</b> Will typically be in 4 <sup>th</sup> or 5 <sup>th</sup> grades Pee Wee Age Level	<b>12 &amp; under</b> Will typically be in 5 <sup>th</sup> or 6 <sup>th</sup> grades Youth/Pony Age Level	<b>7 years old &amp; older</b> In 2 <sup>nd</sup> grade & older Non-competitive team Cheers at football games
Registration Fee	The early bird, non-refundable registration fee of <b>\$100</b> is due to CVYCA <b>by June 1<sup>st</sup></b> . After June 1 <sup>st</sup> , the standard non-refundable fee of \$125 is due to CVYCA by August 1 <sup>st</sup> . The non-refundable registration fee covers insurance, uniform rental, shirt, bow, competition entry fees, choreography fees, and music charges.					
\$5 Summer Skills Sessions (Wednesdays)	Strongly recommended for all CVYCA Cheerleaders on Wednesday evenings in the CVHS Aux Gym Begins Wed., June 7 through Wed., Aug. 16 (There will not be a skills night on July 5 <sup>th</sup> .) Please remember to bring \$5 cash to each session. The bleacher viewing area will be closed during skills nights to reduce distractions and to help cheerleaders focus. Please return promptly at the end of the session.					
Season Officially Starts	Outdoor practices begin August 1 <sup>st</sup> at CV9, 451 Skyport Rd, Mechanicsburg every Tuesday & Thursday, 6:00 pm to 7:30 pm					
Mandatory Parent Mtg.	Kick-Off Parent Meeting (MANDATORY) on Tues., Aug. 1 <sup>st</sup> will be held in the CV9 Auditorium at 6 pm					
Indoor Practices After School Begins	1 Day per week	2 Days per week	2 Days per week	2-3 Days per week	2-3 Days per week	1 Day per week
Responsibilities	CV Cheer Camp Aug 15-17 Optional  2 Home FB games Provide transportation for practices, FB games & showcases Attend CV Cheer Classic Optional Halloween Parade	CV Cheer Camp Aug 15-17 Encouraged  2-4 Home FB games Provide transportation for practices, FB games, showcases & competitions Attend ALL comps Optional Halloween Parade	CV Cheer Camp Aug 15-17 Recommended  2-4 Home FB games Provide transportation for practices, FB games, showcases & competitions Attend ALL comps Optional Halloween Parade	CV Cheer Camp Aug 15-17 Highly Recommended  4 Home FB games Optional playoff game Provide transportation for practices, FB games, showcases & competitions Attend ALL comps	CV Cheer Camp Aug 15-17; Choreography Mandatory  All home FB games Playoff games Provide transportation for practices, FB games, showcases & competitions Attend ALL comps	CV Cheer Camp Aug 15-17 Encouraged  All home FB games 2 Playoff games 1 Super Bowl game In November Provide transportation for practices, FB games & Oct Sneak Peek Showcase
Showcase & Competitions *	1 Showcase @CVHS 1 Competition	1 Showcase @CVHS 3 Competitions	1 Showcase @CVHS 6-7 Competitions	1 Showcase @CVHS 7-9 Competitions	1 Showcase @CVHS 7-9 Competitions	1 Showcase @CVHS No competitions
Length of Cheer Season	15 Weeks Aug into Nov. (Last practice week of Nov 6)	Aug through Nov	Aug through Dec	Aug through Jan	Aug through Jan	15 weeks Aug into Nov (Season ends with Super Bowl)
Tumbling Skill Level	Showing interest in forward rolls, etc. If interested, make own tumbling arrangements	Working on forward rolls & backward rolls If interested, make own tumbling arrangements	Working on cartwheels, roundoffs, & backbends Encouraged to make own tumbling arrangements	Working on front & back walkovers Expected to make own tumbling arrangements	Working on back handsprings & above Expected to make own tumbling arrangements	No tumbling interest required or necessary

\* The tentative competition schedule will be available in mid-October.